

**UCAS Personal statement resources:**

- How to write the [personal statement](#).
- Personal statements [do's and don'ts](#).
- [FAQs](#) on personal statements answered by admissions staff.
- Writing a personal statement for [multiple choices](#).

**Teaching personal statement skills:**

- [Advice](#) on writing a personal statement including quick intro video by expert Jane Marshall.
- [Tips and activities](#) to use in the classroom – waffle detector, so what? show don't tell, watch and learn.
- Watch our Hub live [recording](#) from personal statement week.
- [How to start](#) and [how to end](#) your personal statement.

**The 2022 cycle toolkits:**

All toolkits can be found [here](#).

- [UCAS Hub lesson plans](#) – these lessons have been developed by expert careers advisers to help inspire, organise, and inform your students' future plans.
- [UCAS Hub student packs](#) – these short self-led tasks take students through the early uni research stages, encouraging them to explore their options on ucas.com and in more depth in the UCAS Hub.
- [Resources to introduce UCAS](#) – presentations and handouts to familiarise your students with UCAS.
- [Information for parents](#) – we've developed a presentation you can give to them at open days or parent evenings so you can give them the information they need about UCAS.
- [Sign up](#) to the adviser newsletter.
- [Professional development platform](#) – free training and modules for teachers and advisers.